



## *What We Do*

Grand Traditions has been sponsoring dance classes and balls in Ann Arbor since 1990.

At Grand Traditions we welcome dancers of all skill levels. Emphasis is on the social aspects of dancing as well as developing dance skills and increasing awareness of our dance heritage. We focus on various forms of "vintage dance," which refers to a wide variety of social dances from the Victorian, Ragtime, and early Jazz eras.

Our annual 19th century and early 20th century balls and the accompanying dance workshops give dancers an opportunity to expand their dance repertoire and immerse themselves in the period.

## *Cathy Stephens, Artistic Director*

Cathy Stephens has served as the Artistic Director, Instructor, and Dance Mistress for Grand Traditions since it was founded. She is also the founder and Director of the Pleasant Moments Vintage Dancers performance company.

Cathy is one of the most popular and skillful dance teachers in North America today. As a professional dance instructor, choreographer, and historical dance specialist since 1984, she has traveled extensively, teaching and conducting hundreds of dance events for museums and historical sites, festivals, universities, and many arts, educational, and recreational organizations. Her ability to create enjoyable programs and classes in a wide range of dance forms pleases dancers of all levels.

## *Private Dance Lessons*

Cathy Stephens offers private lessons on many styles of social dancing, from vintage to contemporary. Email [itinerantdancemistress@yahoo.ca](mailto:itinerantdancemistress@yahoo.ca).



Grand Traditions Vintage Dance  
2179 Georgetown Blvd.  
Ann Arbor, MI 48105



# *Celebrate Vintage Dance*

*with a season of  
vintage dance balls  
sponsored by Grand Traditions*



*December 2017 & February 2018*

734-769-0041 or 734-426-0241  
[www.vintagedance.com](http://www.vintagedance.com)





## Une Belle Soirée à Paris 19th Century Parisian Ball

**Saturday, December 9, 2017**  
**7:45 – 11:00 p.m.**

Join us at “Une Belle Soirée à Paris” for elegant 19th century music and dancing laced with classic French style. The program features the music and dance styles popular in Paris and the rest of France from the Napoleonic era to “La Belle Epoque” at the end of the century. Dances will include early French contredanses and quadrille figures, European polka and mazurka, haunting waltzes, and a stirring traditional farandole from the south of France.

Period ball dress is encouraged but not required. You can dress in the style of any era of the 19th century.

Dances are researched and taught by Dance Mistress Cathy Stephens. Music will be provided by Childgrove with Debbie Jackson, Anne Ogren, and Martha Stokely. All levels of dancers are welcome. Preregistration is preferred.

### Pre-ball Workshops

**10:30 a.m. – 12:30 p.m. — Les Contredanses et Les Quadrilles.** Dance through a variety of set dances, from an elegant waltz country dance to the early French Quadrille and the French version of Lancers. For all levels.

**1:30 – 3:00 p.m. — Les Variétés Parisiennes.** Learn several 19th century dances, including a Parisienne Varieties Quadrille, a touch of mazurka, and an old French farandole based on the traditional L’Arlesienne from the south of France.

### Location

Pittsfield Grange Hall  
3337 Ann Arbor-Saline Rd, Ann Arbor, Michigan



## Valentine’s Ball the romantic event of the season!

**Saturday, February 10, 2018**  
**8:00 – 11:00 p.m.**

Enjoy dancing to the wonderful music of the Ragtime era. The dances from 1900 to 1920 are easy to learn and all levels of dancers are welcome. Music will be provided by the Huron Valley Serenaders.

Period dress is encouraged but not required. Preregistration is preferred.

### Pre-ball Workshops

**11:00 a.m. – 12:30 p.m. — Stepping into the Ragtime Era.** Practice the basic steps you’ll need for the ball and dance to delightful period music. For all levels.

**1:30 – 3:00 p.m. — Free-style Flights of Fancy.** Work on creating your own style, developing a “signature move,” or adding a little bit of old-fashioned pizzazz to your ragtime dancing. Cathy will show you how simple footwork can look fancy and how a touch of fancy footwork can change a dance from “same old” to “WOW!”

### Location

Zal Gaz Grotto Club  
2070 West Stadium Blvd, Ann Arbor, Michigan

### Lunch Breaks

A one-hour lunch break is provided between the morning and afternoon workshops. You’re welcome to pack a lunch to eat at the hall.

### Prices for All Events

**Balls:** \$30 per person per ball, includes workshops  
**Workshops:** \$10 each, free if attending ball



## Grand Traditions Registration Options

Preregistration for the balls is preferred. To register:

- Complete the information below and mail this form with your check to:  
2179 Georgetown Blvd., Ann Arbor, MI 48105
- Email [info@vintagedance.com](mailto:info@vintagedance.com)
- Call 734-769-0041

Make checks payable to:  
*Grand Traditions Vintage Dance*

For more information, call 734-769-0041 or e-mail [info@vintagedance.com](mailto:info@vintagedance.com).

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

	# of persons	\$ amount
Parisian Ball (December 9, 2017)	_____	_____
Valentine’s Ball (February 10, 2018)	_____	_____
<b>Total enclosed</b>	_____	_____

